

A concussion is a brain injury that frequently results in physical and cognitive symptoms.

About 10% of student athletes will sustain a concussion during their season.

Symptoms can include dizziness, headaches, memory problems, distractibility, irritability, anxiety and depression.

Proper management by specialists is key in avoiding long term consequences.

Premature return to play after a concussion can lead to significant medical, academic and cognitive problems.

COLUMBIA CONCUSSION CLINIC

212-342-1589
www.ColumbiaConcussionClinic.com
email: info@ColumbiaConcussionClinic.com

Call now for an appointment or more information.

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Services covered by many insurance plans.

Because a concussion requires prompt attention, we offer rapid appointments to begin assessment and treatment right away.

COLUMBIA CONCUSSION CLINIC



Preventing a Concussion Is Impossible.

Determining When You're Ready to Return-to-Play Is Now Possible.

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A Team Approach To Concussion Assessment & Management

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What We Do

An evaluation and management of the effects of your concussion through cognitive testing and a medical evaluation.

- Baseline (pre-season) testing.
- Recommend when you're ready to return-to-play once your brain has healed and your symptoms have improved or resolved.
- Avoid a Second Impact Syndrome that can be serious, even fatal, if you return-to-play prematurely.
- Treat your symptoms, including headaches, dizziness, distractibility, forgetfulness, anxiety and depression that can occur after a concussion.
- Refer to other specialists as indicated for more complex symptoms.

What We Offer

Detailed evaluation of concussions including computerized cognitive testing using ImPACT, the leading computer software to assess the effects of a concussion.

For complex cases, more detailed neuropsychological assessment including recommendations for academic accommodations.

Follow-up management & treatment of concussion symptoms using a multi-disciplinary team of neurologists, neuropsychologists and neuropsychiatrists.

Consultation with the school regarding resuming coursework and academic accommodations if appropriate.

Referral for physical therapy and rehabilitation.

Who We Are

Determining when it is safe to return to play is difficult and requires a team approach for the best outcome.

We are Columbia University clinicians who are specialists in neuropsychology, neurology, and neuropsychiatry who work with you and manage your symptoms of concussion.